

**FOOD FESTIVAL**  
By Aspens

Autumn/Winter 2023/2024:  
4/9, 25/9, 16/10, 13/11, 4/12, 8/1, 29/1

# LUNCH WEEK 1 MENU

**MONDAY**

Chicken & Vegetable Meatballs in Tomato Sauce with Pasta Twirlers

**TUESDAY**

Mild Chicken Curry with Whole Grain Rice

**WEDNESDAY**

Sausages with Mashed Potatoes and Gravy

**THURSDAY**

BBQ Drizzle Pizza with Baked Potato Wedges

**FRIDAY**

Golden Fish Fingers or Salmon Fingers with Chips



**MAIN EVENT**



**MEAT - FREE MAGIC**  
Vegetarian Dish

Sweet Chili Vegetable Stir Fry with Whole Grain Rice



**RAINBOW ALLEY**  
Vegetables and Salads

Mixed Salad

Green Beans

Broccoli

Peas

Baked Beans



**PASTA TWIRLER**  
Topped Pasta

Hot Pasta topped with Homemade Tomato Sauce



**BIG TOPPING**  
Filled Jacket

Crispy Skin Jacket Potatoes with Cheese or Beans



**DESSERT TROLLEY**  
Pudding

Toffee Sponge and Custard

Jelly & Fruit Slices

Tropical Pineapple Crumble and Custard

Orange Cookie

Vanilla Ice Cream

*Cut fruit, yoghurt and jelly available every day*

# LUNCH WEEK 2 MENU



## MAIN EVENT

|  |   |  |                                   |                                      |
|--|---|--|-----------------------------------|--------------------------------------|
| <b>MONDAY</b>  | <b>TUESDAY</b>                                  | <b>WEDNESDAY</b>                       | <b>THURSDAY</b>                   | <b>FRIDAY</b>                        |
| All Day Breakfast<br>Brunch<br>Sausage, Egg, Hash<br>Brown and Beans | Pizza Margherita<br>with Baked Potato<br>Wedges | Minced Beef and<br>Onion Pie with Mash | Chicken<br>Chow Mein<br>(Noodles) | Golden Fish<br>Fingers<br>with Chips |



## MEAT-FREE MAGIC Vegetarian Dish

|  |   |  |   |   |
|--|---|--|---|---|
| All Day Veggie<br>Breakfast Brunch<br>Veggie Sausage, Egg,<br>Hash Brown and Beans | Golden Vegetable<br>Fingers with Baked<br>Potato Wedges | Super Veggie Pie<br>Vegetable, Lentil and<br>Onion Pie with Mash | Mexican Bean Wrap<br>with Whole Grain<br>Rice | Cheesy Sweetcorn<br>Pizza<br>with Chips |
|--|---|--|---|---|



## RAINBOW ALLEY Vegetables and Salads

|             |             |         |           |             |
|-------------|-------------|---------|-----------|-------------|
| Baked Beans | Green Salad | Carrots | Sweetcorn | Baked Beans |
|-------------|-------------|---------|-----------|-------------|

*Salad and bread available every day*



## PASTA TWIRLER Topped Pasta

Hot Pasta topped with Homemade Tomato Sauce



## BIG TOPPING Filled Jacket

Crispy Skin Jacket Potatoes  
with Cheese or Beans



## DESSERT TROLLEY Pudding







|                                   |                       |                              |                 |                      |
|-----------------------------------|-----------------------|------------------------------|-----------------|----------------------|
| Banana Sponge<br>Cake and Custard | Jammy Crumble<br>Bars | Apple Crumble and<br>Custard | Orange<br>Jelly | Vanilla<br>Ice Cream |
|-----------------------------------|-----------------------|------------------------------|-----------------|----------------------|

*Cut fruit, yoghurt and jelly available every day*

**FOOD  
FESTIVAL**  
By Aspens

Autumn/Winter 2023/2024:  
18/9, 9/10, 6/11, 27/11, 18/12, 22/1

# LUNCH WEEK 3 MENU

|   | MONDAY   | TUESDAY   | WEDNESDAY  | THURSDAY   | FRIDAY                                    |
|---|--|---|--|--|---|
|  <b>MAIN EVENT</b>                              | Hot Dog<br>with Baked Potato<br>Wedges                     | Tomato & Roasted<br>Vegetable Pasta<br>Bake       | Roast Gammon<br>with Roast Potatoes<br>and Gravy | <b>Pizza Day!</b><br>Veggie Supreme<br>Pizza with Baked<br>Potato Wedges | Golden Fish<br>Fingers<br>with Chips      |
|  <b>MEAT-FREE MAGIC</b><br>Vegetarian Dish     | Vegetarian<br>Shepherd's Pie                               | Mixed Vegetable<br>Korma with<br>Whole Grain Rice | Baked<br>Mac'n Cheese                            | BBQ Drizzle<br>Pizza with Baked<br>Potato Wedges                         | Golden Vegetable<br>Fingers<br>with Chips |
|  <b>RAINBOW ALLEY</b><br>Vegetables and Salads | Green Beans  | Broccoli  | Carrots  | Peas   | Baked Beans                               |
|  <b>PASTA TWIRLER</b><br>Topped Pasta           | <b>Hot Pasta topped with Homemade Tomato Sauce</b>         |   |  |  |   |
|  <b>BIG TOPPING</b><br>Filled Jacket            | <b>Crispy Skin Jacket Potatoes</b><br>with Cheese or Beans |   |  |  |   |
|  <b>DESSERT TROLLEY</b><br>Pudding              | Watermelon<br>Wedge  | Chocolate Crunch<br>and Custard                   | Oaty Apple<br>Crunch Slice                       | Strawberry<br>Jelly  | Vanilla<br>Ice Cream                      |
|   | <i>Cut fruit, yoghurt and jelly available every day</i>    |   |  |  |   |

*Salad and bread available every day*