



NEWSLETTER

12th November 2020

Dear Parents

I would like to thank everyone who kindly helped with the recent distribution of the School leaflet, including the members of the Parish Council, who kindly inserted it into the recent Parish Magazine. We have covered a good section of the local area in our boost to promote the school. I would also like to thank all our children for the wonderful video that they all helped to make. We have had some excellent feedback about the video which I am delighted about.

I would also like to thank FOTS for organising the School Lottery on our behalf. This is a great way of raising money with the added benefit of weekly cash prizes. There is a link further in the newsletter for parents, friends and Parish members to join if you wish.

We currently have two students in the school, Mr Smith and Miss Collier. They will be based on Owls and Badgers until January.

We have been sent some interesting food cost comparisons from our catering company, Aspens, which we have included in the newsletter. We are keen to encourage our children to have a hot dinner each day, especially as the weather becomes colder. Please remember that **all** Squirrels Class are entitled to a Free School Meal. All diets and allergies can be accommodated for by Aspens.

We currently have vacancies for Parent and Co-opted Governors. Please see the detailed information further in the Newsletter.

Please could we have any outstanding annual consents and permissions returned to the school as soon as possible.

Marc Wheeler
Headteacher

DIARY DATESto cut out and keep!

November	
13 th	Children in Need
27 th	Bag to School collection
December	
16 th	Christmas Dinner
18 th	Last Day of School

Breakfast Club

We are delighted to be able to offer Breakfast Club once again. Currently it is running regularly between 8:15am -8:45am and has five children participating. This means that the cost is just £2 per child without breakfast or £3 per child with breakfast. If numbers drop, the cost will increase, but at the moment, this is very cost effective child care, which could be useful for those of you that need to get to work in the mornings.

We can provide care earlier than this if you wish; there would be a slight additional cost to this, but with numbers as they are it should still be below £4. Please contact the office if you wish to enrol your child for any day. The club is being run by Mrs Dingle.

Children in Need

Unfortunately we are not able to hold our traditional range of fund raising for Children in Need this year.

However, we would still like to support the charity. Therefore on Friday 13 November only, we are happy to see children wearing anything 'spotty' or anything in keeping with the sentiments of Children in Need. Minimum donation of £1 per child.

Friday is also PE day for Badgers and Owls, so please bear this in mind as the 'spotty' clothes should be appropriate for PE too.

Friends of Trekenner School

Thank you to all the children who joined in our recent Mufti Day – we received £32.50 in donations.

We were delighted to receive a Jo Downes glass bowl before lockdown, which we started to raffle. Unfortunately, due to the circumstances, we could not complete the draw. However, there are still numbers available should anyone like the chance to win it. Helen Coombe will be able to show parents a picture of the glasswork and sell raffle tickets for £1. This is a beautiful item which would be well worth winning.

Thank you to everyone who has signed up for the school lottery. We are delighted that we have reached our initial target of 50 players. We are now guaranteed a weekly prize of £20 in addition to the £25000 jackpot and the range of other prizes on offer. It is not too late to sign up as the more people who join, the higher our weekly prize will be. This is open to all our 'friends' and not just our parents, so please spread the word amongst the local community.

Please follow the link below to the School Lottery website.

<https://www.yourschoollottery.co.uk/lottery/school/trekenner-primary-school?fbclid=IwAR1QFmu2UFSdGCjOvCBenT0UV4bBdsJWD4PxhByTq5BvyZzUrU8sGoJMDk8>

We are again taking part in a textile recycling scheme while raising funds at the same time. The company **Bag 2 School** collects quality second hand ladies', men's and children's clothing, as well as shoes, belts and handbags. The more we collect, the more we raise! The collection will be on the **27th November** so please save any items that you collect during half-term for us. Recycling bags are coming home today or any bin bag or similar will do.

To minimise the contact of handling the bags, we are requesting that bags are only brought into school on the morning of the collection and left just inside the school gate. Thank you.

Don't forget with Christmas approaching that we have joined **easyfundraising.org.uk**. This is a simple way for us to earn money for very little effort. Please try to remember to use this site for **all** your internet purchases. Please tell your friends and family. Search for Friends of Trekenner School with our postcode **PL15 9PH**.

SCHOOL MEALS:

The School Christmas Dinner will take place on Wednesday 16th December. From previous years, we are expecting most children to receive a Christmas Dinner. The usual cost of £2.50 will apply. Allergies and dietary requirements will be met. We will receive details of the menu shortly.

We have been sent comparison food costs from Aspens which are below. Although the average cost of school meals throughout the country has been quoted, the School Health UK website illustrates that school meals still result in being excellent value.

 School Health UK <small>This is the Bigger Picture</small>	 STARCH	 MEAT & POULTRY	 FRUIT & VEG / SALAD	 DAIRY	 DESSERT	 DRINK	 TESCO	 Sainsbury's	 ALDI	AVERAGE SCHOOL MEAL
Monday 	GRANARY BREAD (40g) 	BEEF (70g) 	SPRING GREENS/SALAD 	LACTOSE FREE MILK (170ml) 	FLAPJACK (25g) 	SEE DAIRY 	£ 3.67	£ 3.30	£ 2.50	£ 2.00
Tuesday 	PASTA (150g) 	TUNA (70g) 	SWEET CORN (50g) 	CHEESE (50g) 	FRUIT SALAD (75g) 	FLAVOURED WATER 	£ 3.79	£ 3.92	£ 3.67	£ 2.00
Wednesday 	COUSCOUS (50g) 	EGG (1 FREE RANGE) 	MIXED VEG (50g) 	YOGHURT (GREEK LOW FAT) (100g) 	SEE DAIRY 	FRUIT JUICE (170ML) 	£ 2.19	£ 2.12	£ 2.20	£ 2.00
Thursday 	MULTIGRAIN BREAD (80g) 	CHICKEN (70g) 	MIXED SALAD (50g) 	FLAVOURED MILK (170g) 	FRUIT PIE (80g) 	WATER 	£ 3.18	£ 3.01	£ 2.47	£ 2.00
Friday 	PITTA BREAD (X1) 	QUORN PIECES (80g) 	CHICKPEAS (20g) 	CHEESE (50g) 	CHEESE AND BISCUITS 	VEGETABLES JUICE 	£ 3.42	£ 4.15	£ 3.66	£ 2.00
							£ 16.25	£ 16.50	£ 14.50	£ 10.00

School Health UK

WHAT'S CHEAPER IN 2020: SCHOOL MEALS VS PACKED LUNCHES?

Prices correct from October 2020		MAX AMOUNT NEEDED FOR A WEEK	ASDA	TESCO	ALDI	Sainsbury's	Morrisons	SCHOOL MEALS				
Spinach	100g	£	0.33	£	0.16	£	0.57	£	0.50	@schoolhealthuk		
Apples (Braeburn)	150g	£	0.24	£	0.19	£	0.27	£	0.20			
Cucumber	50g	£	0.30	£	0.70	£	0.43	£	0.50			
Carrot Sticks	100g	£	0.58	£	0.45	£	0.47	£	0.41	£	0.43	
Mixed Salad	100g	£	0.50	£	0.67	£	0.43	£	0.67	£	0.67	
Orange	100g	£	0.36	£	0.28	£	0.29	£	0.60	£	0.36	
Tomato	100g	£	0.11	£	0.13	£	0.11	£	0.12	£	0.10	
Pepper	100g	£	0.31	£	0.45	£	0.42	£	0.45	£	0.32	
Sandwich Chicken	140g	£	1.80	£	1.30	£	1.20	£	2.05	£	2.07	
Turkey Slice	70g	£	1.40	£	1.20	£	1.20	£	1.25	£	1.23	
Granary Bread	2 slice (50g)	£	0.08	£	0.09	£	0.09	£	0.09	£	0.09	
Bagel	1 Bagel	£	0.20	£	0.25	£	0.13	£	0.25	£	0.25	
Wholewheat Pasta	60g	£	0.05	£	0.06	£	0.05	£	0.06	£	0.05	
Pitta	1 Pitta	£	0.07	£	0.07	£	0.07	£	0.07	£	0.07	
Couscous	50g	£	0.25	£	0.23	£	0.45	£	0.35	£	0.25	
Lite Mayo	10g	£	0.01	£	0.01	£	0.01	£	0.02	£	0.02	
Butter	25g	£	0.01	£	0.01	£	0.01	£	0.02	£	0.01	
Yoghurt	100g	£	0.35	£	0.39	£	0.35	£	0.38	£	0.37	
Semi Skimmed Milk	200ml	£	0.14	£	0.14	£	0.14	£	0.14	£	0.14	
Cheese Spread (Light)	50g	£	0.16	£	0.22	£	0.14	£	0.21	£	0.20	
Light Babybel	25g	£	0.20	£	0.23	£	0.24	£	0.27	£	0.40	
Flapjack	30g	£	0.10	£	0.14	£	0.10	£	0.13	£	0.13	
Malt Loaf	50g	£	0.19	£	0.25	£	0.12	£	0.22	£	0.09	
Alpen Lite bar	50g	£	0.66	£	1.04	£	0.47	£	0.75	£	1.05	
Pesto	10g	£	0.10	£	0.12	£	0.19	£	0.25	£	0.30	
Peas	50g	£	0.17	£	0.17	£	0.12	£	0.17	£	0.10	
Sweet Corn	50g	£	0.12	£	0.12	£	0.60	£	0.13	£	0.10	
Fruit Juice	300ml	£	0.30	£	0.40	£	0.30	£	0.40	£	0.30	
Fruit Splash	300ml	£	0.30	£	0.30	£	0.30	£	0.30	£	0.40	
TOTALS			£18.78		£19.54		£17.58		£22.01		£20.77	£11.00



Wanted - New School Governors

Trekkenner School is currently looking for new governors to join our Governing Board. We would be delighted to hear from parents/guardians of children at Trekkenner, as well as others who would like to make a difference in your local community and contribute to the effectiveness of your local school.

Our governors come from a range of different backgrounds and have different skills and experience but all share a common interest of wanting the best possible education for the children in our school.

Governors usually meet 6 times per year, and visit the school between meetings to monitor particular areas of focus. Governors are not involved in the day-to-day operational running of the school, but help to support and challenge school leaders in meeting strategic targets and in the educational performance of the school and its pupils. Governors also oversee the financial performance of the school, ensuring its money is well spent.

Training and guidance will be provided, and governors need to be able to commit to the role, support the ethos of the school, consider the needs of all pupils, work as part of a team and respect confidentiality.

If you are interested, or know somebody else who would be, please contact the Clerk to Governors (jon.m.brown@outlook.com) for more information and an application form. If you would like to discuss any aspects of the role please contact the clerk or the school office and we will be more than happy to call you for an informal chat.

Governors are essential for the effectiveness and success of the school and it is an extremely rewarding and fulfilling role. There are current vacancies for Parent and Co-opted Governors. The closing date for Parent Governor applications is Monday 23 November. Depending on the number of applications received, a Parent Governor election might be necessary.

Looking forward to hearing from you!

Mandy Precious
Chair of Governors

Marc Wheeler
Headteacher

VOUCHERS / TOKENS / PRINTER CARTRIDGES:

Your help with these collections will be very much appreciated.....

Store / Product	What we Get	Scheme Ends
Printer Cartridges	A new scheme run by The Recycling Factory is now operating. However, only small inkjet cartridges can be recycled mainly Hewlett Packard, Epson, Dell Kodak, Samsung and Canon	Open ended

Following the information that we included in the last Newsletter, we have been informed that RECYCLING FOR CHARITY is not collecting during November

But plans to pick up from The Springer Spaniel car park

On Thursday December 3rd from 9:45am – 10:15am

Empty sweet wrappers, cheese packets, used toothpaste tubes, makeup and more.

For a full list and more information visit www.south-hill.co.uk/charity-recycling

Equality To keep up with the constant changes in current legislation, we are asked to measure the impact of our equality schemes. If you would like to be involved in this process, please contact me. If you feel that you or your children are ever treated unfairly in any way, please make sure that I know about it. I would also like to remind you that if you wish to discuss your child's progress at any time, appointments can be made with the teachers at the office.

Safeguarding If you have any concerns about the welfare of a child or young person, there is a new telephone number at Cornwall Council – 03001231116. All calls will be handled by a professional social worker who will listen to the concerns and decide what action needs to be taken. Alternatively, please speak to Mr Wheeler who is our designated Safeguarding Officer.

If you have any comments concerning the school, please enter them in the box below and return it to Mr Wheeler. Thank you.

***Should you wish to contact the school the telephone number is 01579 370435
or email secretary@trekenner.net***

DISCLAIMER FOR LEAFLETS DISTRIBUTED BY THE SCHOOL ON BEHALF OF THIRD PARTIES FOR CLUBS, HOLIDAY ACTIVITIES ETC.

All providers have confirmed that they hold all necessary accreditation, qualifications and insurance to organise and run the events and activities described. No duly appointed officer of Cornwall Council has inspected these services and parents must make their own enquiries and satisfy themselves as to the suitability of the providers before engaging their services. In all the circumstances, neither the school nor Cornwall Council will accept any liability arising out of those events.

Next Newsletter during week commencing: 23rd November 2020